

August 2026 Newsletter

[Client Preferred Name]

Summer is a great time to slow down, take stock, and make a little room for what's ahead. In this month's newsletter, we're sharing a mix of timely insights and practical resources designed to help you stay informed without losing sight of the bigger picture.

For those thinking about retirement, we've included guidance for every stage of the journey—from the early years of saving to preparing for and living in retirement. If you know a friend or family member who may find these resources helpful, we hope you'll feel free to pass them along.

We're also taking a look at some of the forces shaping markets and the economy, including the race to power the growing AI economy, advances in robo-taxis and what lower production costs could mean for society, and the outlook for interest rates. While markets are pricing in at least one rate hike in 2026, Morgan Stanley Research expects the Federal Reserve to remain on hold as inflation continues to moderate—an environment that could support Treasuries and other high-quality fixed income.

And because summer newsletters don't have to be all markets and planning, we've included a banana bread recipe to enjoy along the way.

We hope you find something useful, interesting, or simply worth sharing this month.

Warm regards,
The Monahan Group

Insights

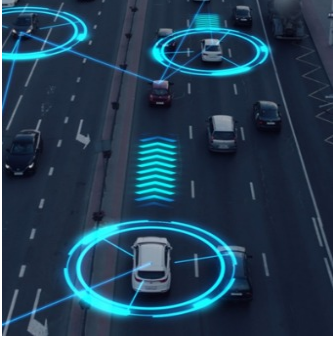


Roundtable: The Race to Power the AI Economy

A Morgan Stanley Institute roundtable explored how the rapid growth of AI and digital infrastructure is reshaping power demand, investment and markets.

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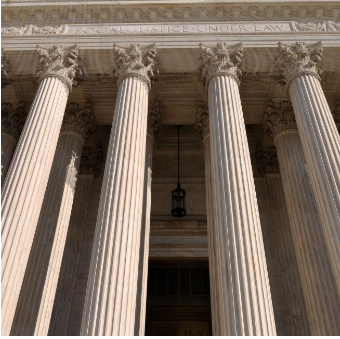
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Robotaxis Enter the Fast Lane

Regulatory progress, AI advances and lower costs are accelerating the scale of the robotaxi industry.

[Learn More](#)



Watch Out for a Fed Pause

Markets are pricing at least one 2026 rate hike, but Morgan Stanley Research expects the Fed to stay on hold as inflation moderates, supporting Treasuries and high-quality fixed income.

[Learn More](#)

Discovery Corner Building Financial Resilience at Every Stage

Retirement planning evolves as your life does - So, we wanted to share these resources to offer guidance for navigating each stage of the journey, from establishing a strong financial foundation in your 20s and 30s, to fortifying your plans in your 40s and 50s, and ultimately executing a resilient retirement in your 60s and 70s.

If a friend or loved one would benefit from these resources, please feel free to forward to them.

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Seasonal Corner

Banana Bread

This banana bread recipe creates the most delicious, moist loaf with loads of banana flavor.

[Get Recipe](#)

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