### From the Desk of the Lev Rourk Group

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## **Reassess Your Retirement Plans**

pproximately five years before you plan to retire, thoroughly reassess your retirement plans and ensure that all significant financial pieces are in place. Once you retire, you probably won't have the option of going back to your former job. So consider these points first:

**✓**Take a serious look at your retirement plans. You're close enough to retirement that you should have a good feel for your retirement expenses and expected income. While you may be anxious to retire, remain flexible about your retirement date. Working an additional year or two can add substantially to your retirement savings and may boost your retirement benefits.

Get a fix on your Social Security and pension benefits. Make sure you know exactly how much you can expect from Social Security and defined-benefit plans. How much will your benefits increase if you delay retirement by one year, five years, etc.? If you retire before full retirement age for Social Security purposes, do you plan on working? Be aware that for those under full retirement age for Social Security purposes, earnings over \$19,560 in 2022 will cause you to lose \$1 of benefits for every \$2 of earnings over this threshold. Make sure you understand your distribution options for any defined-benefit plans. In most cases, those decisions are irrevocable, so you'll want to take some time to assess those options.

**Determine how much income** your retirement investments will generate. As a general rule of thumb, you can multiply your retirement investments by 4% to get an idea of how much you can withdraw annually. You can go through a more Continued on page 2

### **Asset Correlations**

sset correlation is the measure of how assets move in correlation to Aone another. Highly correlated assets move in the same direction at the same time, while negatively correlated assets move in the opposite direction from one another — one moves up as the other moves down.

The theory of asset correlation is that you can reduce risk and increase returns by investing in asset combinations that are not correlated. The basic rule has been that equities go up when economies do better, and bonds do better when economies go down. Their low correlation to one another is why this has been effective over the years.

Having a mix of bonds and stocks in portfolios has always been a basic investing concept, but today's market is not as predictable, and the way they move is changing. Bond markets have become more highly correlated to equities. This change in correlation has become a new risk factor that investors need to consider with their asset allocation. It's not just about the percentage of bonds in your portfolio anymore, but the type of bonds as well. The new thinking is that you have to plan your whole investment strategy around volatility because of the change in bond behavior.

With correlations increasing among equity classes, investors need to be diligent about their portfolio strategies to ensure sufficient diversification. You may want to do some research on your portfolio to see how your asset correlation has shifted over time, so that you can focus your rebalancing efforts on these fluctuations. Please call if you'd like to discuss asset correlation in more detail. VVV

#### **Retirement Plans**

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detailed analysis, reviewing a wide range of variables, for a more precise answer. However, the younger you retire, the more conservative your withdrawals should be, since your funds will have to last for a longer time period.

Investigate work options. If you plan to work at least part-time during retirement, have you decided what you'll do and how much it'll pay? Make sure you investigate your options, including asking your current employer about part-time opportunities after retirement.

Finalize living arrangements. Determine whether you want to stay in your current home or move to another one, either in the same city or a different location. At this point, you should be able to determine whether you'll have a mortgage and how much equity you'll have in your home. While most retirees continue to live in their current home, explore whether it makes sense to downsize, freeing up home equity for investments or retirement income.

Deal with health insurance and long-term-care costs. Two of the most significant costs in retirement are medical care and longterm care. Make sure you have plans to deal with both. If you are retiring at age 65 or later, you'll be eligible for Medicare, although a spouse under age 65 will not be eligible. You will probably need supplemental coverage with Medicare. If you are retiring before age 65, make sure you know exactly how much coverage will cost you, especially if it is not provided by your employer. Now is also a good time to take a look at long-term-care insurance, since premiums get significantly more expensive as you age.

Live with your retirement budget for a couple of years. Want to really make sure your retirement budget is reasonable? Try living with your retirement budget for a couple of years before retirement. If you can do so without increasing

your debt, you can be reasonably confident that your budget will work during retirement.

Please call if you'd like help assessing your retirement plans before you actually retire.

## 5 Reasons to Start Saving

If you're interested in getting started with savings, or if you want to save more, here are five reasons to get motivated.

- 1. You'll be prepared for emergencies. Here's an alarming fact: most Americans don't have enough money saved to cover even relatively small unexpected expenses, such as emergency room co-pays, minor car repairs, or a broken furnace. Without cash on hand to cover these irregular but inevitable costs, you're more likely to turn to credit cards or loans when the need arises. Plus, the more debt you have, the more difficult it is to save. The result? A downward financial spiral that can be difficult to pull yourself out of.
- 2. You'll be more independent. With a healthy amount of savings, you can feel more free to take risks, like starting your own business, heading back to school to train for a new career, purchasing a home of your own, or moving to a new city. Plus, without savings, you're living on the financial edge, and you're more likely to find yourself stuck in situations that you may not be satisfied with. Committing to savings today, even if it's just a small amount, will start to give you the freedom to make different choices in your life.
- 3. You'll be able to reach your goals. We all have goals. Maybe you simply want to enjoy a

comfortable retirement one day. Or perhaps you're dreaming of a second home by the lake, sending your kids to college, or starting your own business. Whatever your dreams, they likely have one thing in common — you're probably going to need some money if you want them to become a reality. Few of those dreams are achievable if you don't save for them.

- 4. You'll be able to earn more money. Saving isn't just about setting aside what you've already earned. It's also about putting your money to work for you. Depending on where you save and invest your money, you can earn more just by being diligent about saving rather than spending. And because of the power of compounding earnings, even relatively small amounts can grow significantly, provided you don't touch your principal.
- **5. You'll be happier.** No one wants to suggest money is the only thing that can make us happy. But there's also evidence that *saving* money, even in small amounts, can make you happier. In contrast, having debt (often a consequence of a lack of savings) tends to lead to more unhappiness.

Convinced that saving for the future is the right thing to do? Please call to discuss how you can make regular saving part of your financial plan.

## 401(k) Mistakes to Avoid

f you are participating in your employer's retirement plan, you are headed down the right path. But there are 401(k) mistakes that can derail an investor's retirement plan. Here are some of the biggest mistakes and how you can keep things on track:

#### Not Knowing How Much You Need to Save for Retirement

If you don't have a goal for how much you need to save to live comfortably during retirement, you will probably fall short. The first step is to determine how you want to spend your retirement. Most financial experts agree that you will need at least 70–90% of your preretirement income to live comfortably. But don't just use a rule of thumb; make sure to review your specific situation.

#### **Not Saving Enough**

Most experts suggest that you save 10–20% of your income for retirement. Because many companies auto-enroll new employees into their 401(k) plans using a default dollar amount, many employees fail to adjust the dollar amount and end up not saving enough. Others may feel they just don't earn enough to contribute 10% to 20% of their income due to competing demands on their money. If that is the case, at least try to save enough money to get the company match.

#### **Not Paying Attention to Fees**

There are typically three types of fees associated with your 401(k) plan, including administration fees, investment fees, and service fees. These fees can eat into your retirement account's potential growth. To understand how much you are paying in fees and expenses, carefully

review your regular statements. Also, at the end of the year, you should receive a statement that will show how much you paid in 401(k) fees.

Also, if you have an old 401(k) plan from a previous employer, you should compare that plan's fees to your current 401(k) plan to see if rolling it over to your new plan makes sense. You should also consider an IRA rollover so that you can select the best investment options.

# Too Much Stock in Your Company

Having company stock in your 401(k) plan may come with significant growth potential, but it may also increase the volatility of your retirement portfolio. If your 401(k) plan includes company stock, make an assessment of your risk. Most experts agree that your portfolio should not have more than 10% to 15% of any one stock.

#### **Not Rebalancing Your Portfolio**

The reason for asset allocation is to balance your portfolio across asset classes such as stock, bonds, or cash so that if one is performing poorly, others will help offset losses. Over time, however, your investments may drift from your original asset allocation.

You should review your portfolio on a regular basis to determine if it needs rebalancing. Some 401(k) plans provide an automatic rebalancing feature that can do the work for you. If you do not have the time or inclination to rebalance your portfolio, you may want to invest in target-date retirement funds or asset allocation funds.

# Not Contributing Enough to Get the Company Match

If your employer matches any percentage of your contributions, you should at least contribute enough to get the company match. Look at your benefits package to determine how much your employer will contribute and take full advantage of this benefit.

In 2022, you can contribute up to \$20,500 in your 401(k) or up to \$27,000 if you are age 50 or older.

## Not Considering a Roth 401(k)

With a traditional 401(k), you receive the tax benefits up front because the contributions lower your taxable income during the current tax year. When you begin taking distributions from your 401(k) in retirement, you will then have to pay ordinary income tax on the withdrawals. With a Roth 401(k), you make contributions with after-tax dollars and your earnings grow taxfree, meaning that you will not have to pay taxes when you withdraw your money. Typically, people who don't need to lower their income today or believe they may be in the same or higher tax bracket during retirement benefit from a Roth 401(k) plan.

Please call if you'd like to discuss this topic in more detail.



## **Your 401(k) Contribution Amount**

Before deciding how much to contribute to your 401(k) plan, find out three key figures:

What is the maximum percentage of your pay that



### Market Data



	MONTH END		% CHANGE		
STOCKS:	Jun 22	<b>MAY 22</b>	<b>APR 22</b>	YTD	12 Mon.
Dow Jones Ind.	30775.43	32990.12	32977.21	-15.3%	-10.8%
S&P 500	3785.38	4132.15	4131.93	-20.6	-11.9
Nasdaq Comp.	11028.74	12081.39	12334.64	-29.5	-24.0
Total Stock Market	37976.52	41524.55	41679.16	-21.9	-15.4
PRECIOUS METALS:					
Gold	1817.00	1838.70	1911.30	0.7	3.1
Silver	20.48	21.77	23.11	-10.6	-21.2
INTEREST RATES:	Jun 22	May 22	<b>APR 22</b>	<b>DEC 21</b>	Jun 21
Prime rate	4.75	4.00	3.50	3.25	3.25
Money market rate	0.10	0.08	0.08	0.07	80.0
3-month T-bill rate	1.75	1.12	0.89	0.08	0.05
20-year T-bond rate	3.38	3.28	3.14	1.94	2.06
Dow Jones Corp.	4.80	4.27	4.33	2.48	2.29
Bond Buyer Muni	4.66	4.42	4.23	3.45	3.42

Sources: Barron's, Wall Street Journal. An investor may not invest directly in an index.

can be contributed? The maximum legal contribution limit in 2022 is \$20,500 plus an additional \$6,500 catchup contribution for participants age 50 and over, if permitted by the plan. However, most employers set limits in terms of a percentage of your pay to comply with government regulations. This limit ensures the plan does not discriminate in favor of highly-compensated employees.

How much of your contribution is matched by your employer? Employers are not required to provide matching contributions, but many do. A common match is 50 cents for every dollar contributed, but many other variations also exist.

Up to what percentage of your pay does your employer match? Most plans only match contributions up to a certain percentage of your pay. For instance, the plan may only match contributions up to a maximum of 6% of your pay.

How much should you contribute to your 401(k) plan? If at all possible, contribute the maximum allowed. At a minimum, contribute enough to receive the maximum matching contribution. Please call if you'd like help deciding how much you should contribute to your 401(k) plan.

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