



The Legacy Wealth Management Group Q1 2024 Newsletter

We hope you had a wonderful holiday season and a very happy new year! We look forward to the year ahead - it's a privilege to continue working with you toward the financial future you envision. See below for some timely resources and research from Morgan Stanley for Q1 of 2024.

As always, please reach out with any questions or concerns.

[Access Our Website](#)

How Can We Better Assist You?

As we enter 2024, we wanted to take this moment to extend a sincere thank you for being a valued client of ours and an extended member of our family!

We'd like to remind you that we operate at full service and capable of pursuing client aspirations that extend beyond your investment portfolio. We are here to help you avoid costly mistakes, work with you to achieve your goals, get the most out of your money, and grow your wealth.

We have provided a list of our top capabilities on the right, to remind you of our services. How else can we better assist you, or a loved one, outside of what we are currently doing?

Please reach out if you would like to discuss.

Our Services

- Retirement Planning
- 401(k) Rollovers
- Professional Portfolio Management
- Trust Services
- Wealth Management
- Alternative Investments
- Estate Planning Strategies
- Long Term Care Insurance
- Philanthropic Management
- Qualified Retirement Plans
- Life Insurance
- Business Succession Planning
- Cash Management and Lending Products
- Corporate Pension Plans

[Learn More](#)

Market Update

The 4th quarter brought a historic rally to both the stock and bond markets. Markets reacted to the Fed's dovish tone - indicative of lower interest rates and looser monetary policy. S&P 500 U.S. Stock index ended the quarter up 11.69%, and the Barclay's Agg. Bond Index was up 6.82%! With most asset classes having a great 2023, the focus has shifted to the outcome of the 2024 U.S. elections.

It's easy to think through lots of "what if" scenarios with how an election will impact our country and many other factors. However, in the long term it remains best to stay invested regardless of which presidential candidate wins the election. Election years have positive S&P 500 returns 83% of the time going back to 1928! Looking at the charts below the only negative election years happened in conjunction with global disasters- the great depression, WWII, the dot-com tech bubble, and the great financial crisis. Our team thinks that this year will be like most election years with positive returns for equities and bonds.

Data source: Bloomberg.

S&P 500 Index Total Returns During Presidential Election Years (1928-2016)	
U.S. Presidential Election Results	Average Return
A Republican was Elected	15.3%
A Democrat was Elected	7.6%
All Election Years	11.28%

Data source: Morningstar/Ibbotson Associates.

Historical U.S. Presidential Election Results		
Election Year	President Elected	S&P 500 Index Total Returns
2016	Trump	12.0%
2012	Obama	16.0%
2008	Obama	-37.0%
2004	Bush W.	10.9%
2000	Bush W.	-9.1%
1996	Clinton	23.1%
1992	Clinton	7.7%
1988	Bush H.W.	16.8%
1984	Reagan	6.3%
1980	Reagan	32.4%
1976	Carter	23.8%
1972	Nixon	19.0%
1968	Nixon	11.1%
1964	Johnson	16.5%
1960	Kennedy	0.5%
1956	Eisenhower	6.6%
1952	Eisenhower	18.4%
1948	Truman	5.5%
1944	Roosevelt	19.8%
1940	Roosevelt	-9.8%
1936	Roosevelt	33.9%
1932	Roosevelt	-8.2%
1928	Hoover	43.6%

Data source: Morningstar/Ibbotson Associates.

Portfolio Update

As the Fed pivoted to a more dovish tone, bonds are setup to have a great year with decreasing interest rates and yields near 6%. Throughout 2023 we slowly increased duration (time before a bond matures) to lock in these higher yields before rates move back down at some point this year. 2024 has the potential to see similar returns in both bonds and stocks for the calendar year. We overweight the portfolio to the opportunities that have less marginal risk- bonds and stocks that aren't trading at an extreme growth premium.

401(k) Plan

The Internal Revenue Service (IRS) recently announced increases in contribution limits to 401(k) and other tax-deferred retirement plans to support the continuous rise in costs of living and other expenses. The amount individuals can contribute to their 401(k) plans in 2024 has increased to \$23,000, up from \$22,500 for 2023. You can review all plan type 2024 contribution limits in the link below.

Click the links below to learn more about the benefits of offering a 401(k).

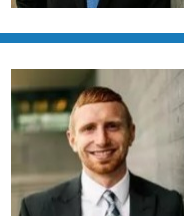
[2024 Contribution Limits](#)

[Morgan Stanley Retirement Solutions](#)

The Team

The Legacy Wealth Management Group combines for almost 90 years of experience in financial services. Each member brings their own unique and proficient qualities to create an incredible team dedicated to helping you.

Phillip (53), Nate (24), Kyle (9), Mike (7)

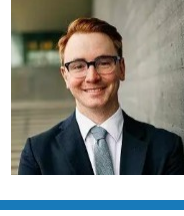


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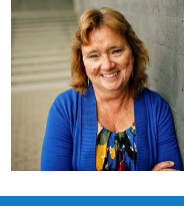


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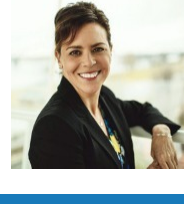


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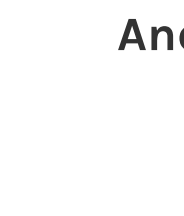


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And don't forget to connect with us on LinkedIn!

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Typically, a retirement plan participant leaving an employer's plan has the following four options (and may be able to use a combination of these options depending on their employment status, age and the availability of the particular option):

1. Cash out the account value and take a lump sum distribution from the current plan subject to mandatory 20% federal income tax withholding, as well as potential income taxes and 10% early withdrawal penalty tax, or continue tax deferred growth potential by doing one of the following:
 2. Leave the assets in the former employer's plan (if permitted)
 3. Roll over the retirement assets into the new employer's qualified plan, if one is available and rollovers are permitted, or
 4. Roll over the retirement savings into an IRA

Other factors to consider when making a rollover decision include (among other things) the differences in: (1) investment options, (2) fees and expenses, (3) services, (4) penalty-free withdrawals, (5) creditor protection in bankruptcy and from legal judgments, (6) required minimum distributions or "RMDs," (7) the Tax Treatment of Employee Stock, and (8) borrowing privileges.

The decision of which option to select is a complicated one and must take into consideration your total financial picture. To reach an informed decision, you should discuss the matter with your own independent legal and tax advisor and carefully consider and compare the differences in your options.

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