

Personalized services to help you and your family address your most important health-related challenges, interests and aspirations.

The newest offering from Morgan Stanley Family Office Resources, Health and Wellness Education, features an extensive range of differentiated services to help you make clear and informed decisions on matters that impact your personal wellbeing. From individual discussions to curated content and educational events, we deliver information and introductions to help you enjoy life in good health and good spirit.



## **CUSTOMIZED DISCUSSIONS**

The head of our program is available for individual discussions to talk about the specific health-related concerns of individuals and families. These conversations cover an extensive range of issues, including:

- Evaluating eldercare options for an aging parent
- Educating the broader family about emerging mental health issues of a younger family member
- Understanding the implications of a new cancer diagnosis and help reduce stress
- Navigating the Medicare and private insurance landscape
- Refining an impactful medical-related philanthropic strategy
- Addressing substance abuse in families



## **EDUCATIONAL GUIDANCE**

Tailored guidance to thematic issues for a customized approach to health education. We curate health and wellness content, and participate in an extensive series of workshops, webinars and other client events to bring you relevant, timely information. These efforts encompass a broad range of thematic trends and issues, with a particular focus on:

- Women's health
- Mental health
- Diversity and inclusion in the health care system



## **PROVIDER CONNECTIVITY**

Gain access to a network of specialized providers and health care centers of excellence based on your particular needs for quality care. We help to streamline the process so you can focus on what matters most to you and your family.



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