Golf Lessons

A couple of years ago I was struggling with my putting. Two close golfing buddies and good players suggested that I go take a lesson from Blake Adams, a PGA Tour veteran and highly respected instructor in the golf world. At the end of our session, I joked that he hadn't said a single thing about my putting stroke.

What struck me most was that the lesson wasn't about mechanics—it was about **mindset**. We spent that lesson talking about the mental side of the game: controlling my "circle", accepting outcomes, and most importantly, trusting the process. Blake emphasized that better golf isn't about perfect technique; it's about a consistent and intentional approach — preparing, visualizing, and executing each shot with purpose.

Blake and I clearly connecting on the process over outcome philosophy. Process is controllable and outcome isn't. We've become close friends and work with each other often.

I mentioned to Blake that these same lessons apply to my day job.

A successful investment strategy isn't about a few lucky calls or one-off wins. It's built on discipline. On consistency. On process. It's the result of a thoughtful and repeatable system of evaluating. Buying and selling even when outcomes aren't immediate or perfect.

Whether it's on the fairway or in the market, results are just a by-product. The real work—and the real success—lies in the process.

Please let me know if you'd like to discuss your putting stroke, markets or anything else on your mind.

My Very Best,

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