



## Wealth In Action

*Wealth in Action is a newsletter for subscribers passionate about building wealth. As many of you know, I am passionate about the power of financial literacy and economic empowerment. With the right information, continuing education, and access to the intellectual capital of Morgan Stanley, you will have the tools you need to potentially build your wealth. If you would like to refer someone to join this distribution, reply to this email. If you'd like to stay further connected, I invite you to [check out my website](#) and connect on social media: [LinkedIn](#) | [Facebook](#) | [X](#)*

### Carolina's Corner

July is a great opportunity to do a mid-year check in. It has been an interesting year for investors. Somehow it is always an interesting year, there is always a breaking headline or an unprecedented time. *(Remember the first half of 2020? I don't think many had a global pandemic on their 2020 vision board.)* Every year, every environment brings a new horizon. What have most investors been focused on? US Policy. Luckily we have a great team of Morgan Stanley's Global Investment Office sharing their *"Latest and Greatest"*. This month I want to call out a specific publication from Morgan Stanley's Wealth Management Chief Investment Officer, Lisa Shalett, called **"American Exceptionalism: Navigating the Great Rebalancing"**.

Here's the reality - we have become comfortable as investors. Investing requires risk. Taking risk should be uncomfortable (within reason of course). For the past 10 years, we have had a bull run. Let's remember that there are more positive years than negative years historically speaking, with the stat I recently shared that corrections are frequent and often short-lived. In 26 corrections since 1975, 73% never became "bear markets" (declines of 20% or more)<sup>1</sup>. On average, markets recovered from corrections within 5 months, whereas recovery after bear markets took longer. With the strong lean towards economic nationalism in the US, certain policies can result in slower economic growth. This is why global diversification matters. This is why strategic long term investing matters.

In times of uncertainty, we have to go back to the basics. One of my favorite Morgan Stanley publications is called **"Market Essentials"** where significant market developments are contextualized for long term investors like you. One key page to reference is on the importance of dollar cost averaging versus market timing. By dollar cost averaging, we can avoid the potential regret that comes with making a large purchase right before a down turn. This can help us establish healthy long term investing habits. If you are interested in having a conversation about your portfolio allocation, please feel free to [book time on my calendar](#).

### Podcast Picks

**A Guide to the One Big Beautiful Bill Act** | The One Big Beautiful Bill Act has been passed. Monica Guerra, head of US Policy for Wealth Management, and Daniel Kohen, US Policy Strategist, break down the legislation, its implications for deficits and markets, and what it could mean for investors.

**Market Essentials** | The latest Market Essentials is here. This quarterly resource breaks down market movements and trends in a digestible way.

**What Should I Do With My Money?** | There's more to consider than flower arrangements and food courses before your wedding day, it's also important to think about how to manage money as a couple. The big questions on fiancés Natalie and David's minds are whether they should join finances and sign a prenup agreement before they say, "I do".

### Timeless Thoughts

**Helping a Loved One Buy a Home** | High home prices and mortgage rates are putting the dream of homeownership out of reach for many would-be buyers. Learn how you can help a loved one break into a tough market.

**Protecting Elders From Financial Abuse** | Financial abuse of older citizens is one of the most common crimes in the U.S. But there are ways to protect you or your loved ones from scams like these.

**Protecting Your Income from the Unexpected** | Your ability to earn an income may be one of your most valuable assets, but an accident or unforeseen illness can put that asset at risk. Here's how to help protect it.

### Planning to Win

**Your Mid-Year Financial Planning Checklist** | Changes in the market or shifts in your personal circumstances may require adjustments to your financial plan. Here's a mid-year checklist to help get you started.

**You've Been Named as Your Parent's Executor. Now What?** | If you've been named as your parent's executor, you'll find it's a role with both emotional and administrative tasks. Here are some key guidelines.

**A Simple 6-Step Retirement Checkup** | Checking in on your retirement plan may make a lot of sense, especially when market volatility arises.

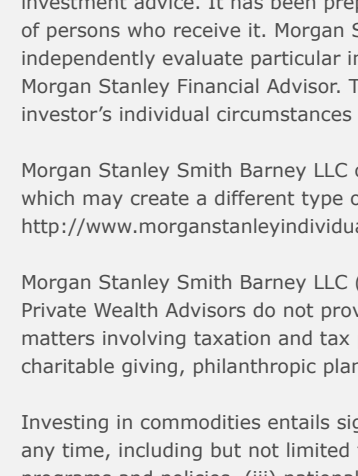
### The Classics

- [Investing 101](#)
- [Budgeting 101](#)
- [Understanding Social Security](#)
- [Equity Compensation](#)
- [Checklist: Countdown to Retirement](#)

### Working with Carolina

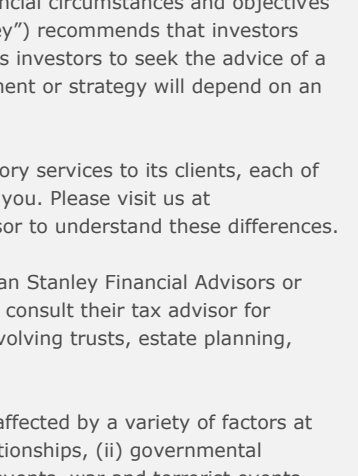
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<sup>1</sup> Market Essentials

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